


PERSONAL INFORMATION

Olivia Patsalou

 22892819 patsalou.olivia@ucy.ac.cyWORK EXPERIENCE

11/2021 - Present

Procurement and Purchasing Officer

Molecular Medicine Research Center, University of Cyprus, Nicosia, Cyprus

Responsibilities include:

- Negotiating prices and organizing purchasing of materials and equipment, preparing specifications, and liaising with the appropriate University authorities for tender preparations
- Implementing effective supply chain management and purchasing strategy
- Deriving statistics and predicting upcoming needs

Academia

06/2018 - 12/2020

Researcher

Institute of Psychiatry, Psychology and Neuroscience, King's College London, London, UK

Participated in projects examining the role of the immune system, specifically cytokines, in the context of Anorexia Nervosa and obesity. For both roles I was involved in:

- Participant recruitment and assessment
- Database management
- Data analysis
- Manuscript writing and publication

Academia

10/2015 - 06/2018

Clinical Studies Officer

Barnet, Enfield, and Haringey Mental Health NHS Trust, London, UK

As a researcher at Barnet, Enfield and Haringey Mental Health NHS Trust, I was responsible for providing a link between universities/CROs conducting clinical studies in mental health and the clinical population. My responsibilities included:

- Liaising with clinical teams within the trust
- Obtaining appropriate referrals
- Screening and recruiting participants
- Carrying out assessments according to study protocols
- Keeping study records and databases updated

Healthcare

09/2016 - 12/2017

Assistant Psychologist

Barnet, Enfield, and Haringey Mental Health NHS Trust, London, UK

As part of my professional development, I shadowed psychiatrists and clinical psychologists across the Trust to gain a better understanding of what they encounter on a day-to-day basis. This not only allowed

me to build better relationships with different teams for research purposes, but to also gain more direct clinical experience. As an assistant psychologist I participated in:

- Clinical assessments
- Case consultations
- CPA reviews
- Daily psychotherapy groups
- One-to-one therapy sessions

Healthcare

01/2010 - 06/2012 Special Scientist

Department of Biological Sciences, University of Cyprus, Nicosia, Cyprus

- Investigating the role of HPV16 E7 in the DNA damage response
- Examining the role of telomeres and telomerase in the onset and progression of HPV-related cancers

Academia

EDUCATION AND TRAINING

- | | |
|-----------|---|
| 2014-2015 | MSc Psychology
University of East London, London, UK |
| 2007-2008 | MSc Human Molecular Genetics
Imperial College London, London, UK |
| 2004-2007 | BSc (Hons) Biology
Royal Holloway, University of London, Egham, UK |

ADDITIONAL INFORMATION

Selected publications

- Patsalos O, Dalton B, Kyprianou C, Firth J, Shivappa N, Hebert JR, Schmidt U, Himmerich H. (2021). [Nutrient Intake and Dietary Inflammatory Potential in Current and Recovered Anorexia Nervosa.](#)
- Keeler J, Patsalos O, Chung R, Schmidt U, Breen G, Treasure J, Himmerich H, Dalton B. (2021). [Reduced MIP-1 \$\beta\$ as a Trait Marker and Reduced IL-7 and IL-12 as State Markers of Anorexia Nervosa.](#)
- Patsalos O, Keeler J, Schmidt U, Penninx BWJH, Young A, Himmerich H. (2021). [Diet, Obesity, and Depression: A Systematic Review.](#)
- Keeler J, Patsalos O, Thuret S, Himmerich H, Treasure J. (2020). [Hippocampal volume, function and connectivity in anorexia nervosa: a systematic scoping review.](#)
- Patsalos O, Dalton B, Himmerich H. (2020). [Effects of IL-6 Signaling Pathway Inhibition on Weight and BMI: A Systematic Review and Meta-Analysis.](#)
- Patsalos O, Mavrogiannides T, Dalton B, Field CJ, Himmerich H. (2020). [Phosphatidylcholine Containing Long Chain Omega-3 Fatty Acids: a Treatment Adjunct for Patients with Anorexia Nervosa?](#)
- Patsalos O, Dalton B, Leppanen J, Ibrahim MAA, Himmerich H. (2020). [Impact of TNF-alpha Inhibitors on Body Weight and BMI: A Systematic Review and Meta-Analysis.](#)
- Patsalos O & Thoma V. (2019). [Water supplementation after dehydration improves judgment and decision-making performance.](#)